

## Example 2

Date and duration	CPD Activity undertaken	How has this contributed to your CPD as identified in your Personal Development Plan	How will you apply learning from the activity to your future working practice	How does this type of activity support your preferred approach to learning / learning style?
	<i>Include how you can provide evidence of this e.g. meeting minutes, attendance record, supervision notes etc</i>		<i>Identify what the benefits for your practice and service users are / will be</i>	

Notes:

Additional rows can be added as required – may be helpful to have separate documents for each month?